



# ACADEMIC JOURNAL OF HEALTH

Volume 3, Issue 2, Year 2025



# ACADEMIC JOURNAL OF HEALTH

## Honorary Editor

Mustafa SIRRI KOTANOĞLU

Coordinator Chief Physician, Ankara Etlik City Hospital, Ankara, Türkiye

## Editor-in-Chief

İlteriş TÜRK

Deputy Coordinator Chief Physician, Ankara Etlik City Hospital, Ankara, Türkiye

## Associate Editors

**İlhan Uzun**, Department of Endocrinology, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**Yılmaz Yılmaz**, Department of Ophthalmology, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Emergency Medicine, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Internal Medicine, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

## Journal Language Editor

**İsmail Yılmaz**, Department of Cardiovascular Surgery, University of Health Sciences, Ankara Etlik City Hospital, Ankara, Türkiye

## International Editorial Board

Levent AKDUMAN

Saint Louis University Uveitis and Vitreoretinal Disorders EyeCare Partners and The Retina Center, St. Louis, USA

Funda AKPINAR

Department of Obstetrics and Gynecology, Yas Clinic Khalifa City (Managed by ADSCC), Abu Dhabi, United Arab Emirates

Juan Caro CODON

Department of Cardiology, University Hospital, La Paz Madrid, Spain

Ghaniya DAAR

Department of Pediatrics, Sidra Medial Corp, Doha, Qatar

Mahmut DOGRAMACI

Department of Ophthalmology, The London Independent Hospital, London, United Kingdom

Serxan ELBAYIEV

Azerbaijan Medical University Educational Surgery Clinic, Azerbaijan

Bruno MEGARBANE

France Medical and Toxicological Intensive Care, Lariboisière Hospital, Federation of Toxicology, Paris, France

Lyudmila MIKHAILOVNA PIVINA

Department of Emergency Medicine, Semey Medical University, Semey, Kazakhstan

Tolga OZMEN

Division of Gastrointestinal and Oncologic Surgery, Massachusetts General Hospital, Massachusetts, USA

Yahya PAKSOY

Hamad Medical Corporation Neuroscience Institute, Radiology Neuroradiology and Cardiovascular Imaging, Doha, Qatar

Omar AI RAZZO

Department of Cardiovascular Surgery, University Hospital, La Paz Madrid, Spain

Yasser EL-SAYED

Department of Pediatrics and Child Health, University of Manitoba, Canada

Atilla SORAN

Department of Surgery, University of Pittsburg, UPMC Magee-Womens Hospital, Pittsburg, USA

Mustafa SULEMANJI

Department of Neonatology, Aga Khan Hospital, Nairobi, Kenya

Idil GUNES TATAR

Department of Radiology, Cliniques Universitaires Saint-Luc, Brussels, Belgium

Filip ZEMRAK

Department of Cardiology, St Bartholomew's Hospital, London, United Kingdom

## Owner

Owner on behalf of the Ankara Etlik City Hospital  
Mustafa SIRRI KOTANOĞLU

## Publication Manager

İlteriş TÜRK

## Publication Secretary

Sinan ÖZDEMİR

## Publication Coordinator

Kerim SARIGÜL

## Corresponding Address

Etlik City Hospital, Varlık Mah.,  
Halil Sezai Erkut Cad., 06560 Yenimahalle, Ankara, Türkiye

Phone: +90 312 797 00 00

e-mail: editor@ajhealth.org

URL: <https://ajhealth.org>

e-ISSN: 3023-4050

Issued by the Ankara Etlik City Hospital.

Published three issues a year.

Publication Type: Electronic Periodical



## CONTENTS

### ORIGINAL ARTICLES

**35- Effect of Compliance with Exercise Program Given in Addition to Trigger Point Injection on Number of Trigger Points and Pain Level in Patients with Myofascial Pain Syndrome**

Yeşim Özge Gündüz Gül, Ece Ünlü Akyüz

**41- Clinical Characteristics of Patients in a Tertiary Non-COVID-19 Intensive Care Unit During the Pandemic: What Has Changed?**Ökkeş Hakan Miniksar, Mustafa Kemal Şahin, Burak Ateş

**47- The relationship of Lysophosphatidylcholine level with mortality in Covid Pneumonia**

Selen Dehmen, Adem Melekoğlu, Uğur Kahveci, Serkan Ceritli, Sema Yağcı, Ertuğrul Altınbilek

**58- The Role of Platelet Indices in Predicting Intracranial Hemorrhage in Emergency Department Patients With Head Trauma**

Veysi Siber, Serdal Ateş, Ebru Güney, Aycan Uluçay, Hatice Kübra Siber; Ahmet Burak Erdem; Sinan Özdemir

### CASE REPORTS

**65- Foot Drop as an Atypical Presentation of Rectal Cancer: The Importance of Digital Rectal Examination in Early Diagnosis**

Emre Tunç, Ferit Aydın, Toygar Sarı, Bülent Aksel, Lütfi Doğan

**70- A Case with Deep Brain Stimulation and Cardiac Pacemaker**

Dilek İşçan, Zehra Yavuz, Burcu Gökçe Çokal, Selim Selçuk Çomoğlu